



# Studio Arabesque

✦ Move ✦ Create ✦ Connect

Term 3 starts Monday July 20, 2026

	<b>New Beginners/ Foundation</b>	<b>Beyond Beginners/ Intermediate</b>	<b>Intermediate/ Advanced</b>	<b>Open Level</b>	<b>Specialty Workshops</b>
<b>Monday</b>	11 am BELLY DANCE Saidi Rara With Jenny	7:30 pm GENTLE YOGA With Regan *on zoom only	6 pm BELLY DANCE Baladi With Regan	10 am DANCE WORKOUT With Jenny	
<b>Tuesday</b>		6:15 pm BOLLYWOOD Sweety Tera Drama With Rebecca *Studio & Zoom	7:30 pm BOLLYWOOD Marjaani With Rebecca *Studio & Zoom	5 pm *new time MINDFUL MOVEMENT With Regan	
<b>Wednesday</b>		6:15 pm *NEW* Dance Enrichment With Regan Unlock Your Body With Dance	7:30 pm FUSION STYLE Presidente with Tambourine With Bridgette	6:15 pm *NEW* Dance Enrichment With Regan Unlock Your Body With Dance	6:15 pm *NEW* Dance Enrichment With Regan Unlock Your Body With Dance
<b>Thursday</b>	6:15 pm BELLY DANCE Foundations Saidi Rara With Jenny	10 am GENTLE YOGA With Jenny 11:30 am BELLY DANCE Rock'n'Roll Mouzoune With Jenny	7:30 pm FCBD Style With Jenny	6:15 pm BELLY DANCE Foundations Saidi Rara With Jenny	
<b>Friday</b>			6 pm BOLLYWOOD Marjaani With Rebecca		Use the QR CODE to head straight to our Website
<b>Saturday</b>		11:15 am BELLYDANCE Rock'n'Roll Mouzoune With Regan & Kelly	10 am BELLYDANCE Baladi With Regan & Kelly		

