



Studio Arabesque

✦ Move ✦ Create ✦ Connect

Term 2 starts Monday April 27, 2026

	New Beginners/ Foundation	Beyond Beginners/ Intermediate	Intermediate/ Advanced	Open Level	Specialty Workshops
Monday	11 am BELLY DANCE Let's Do It! With Jenny	7:30 pm GENTLE YOGA With Regan *on zoom only	6 pm BELLY DANCE Nari Nari Nari With Regan	10 am DANCE WORKOUT With Jenny	
Tuesday		6:15 pm BOLLYWOOD Kusu Kusu With Rebecca *Studio & Zoom	7:30 pm BOLLYWOOD Param Sundari With Rebecca *Studio & Zoom	5 pm *new time MINDFUL MOVEMENT With Regan	
Wednesday		6:15 pm *NEW* Dance Enrichment With Regan Unlock Your Body With Dance	7:30 pm FUSION STYLE With Regan	6:15 pm *NEW* Dance Enrichment With Regan Unlock Your Body With Dance	6:15 pm *NEW* Dance Enrichment With Regan Unlock Your Body With Dance
Thursday	6:15 pm BELLY DANCE Foundations Let's Do It! With Jenny	10 am GENTLE YOGA With Jenny 11:30 am BELLY DANCE Tigi Naksim El Amar With Jenny	7:30 pm FCBD Style With Regan	6:15 pm BELLY DANCE Foundations Let's Do It! With Jenny	
Friday			6 pm BOLLYWOOD Param Sundari With Rebecca		Use the QR CODE to head straight to our Website
Saturday		11:15 am BELLYDANCE Tigi Naksim El Amar With Regan & Kelly	10 am BELLYDANCE Nari Nari Nari With Regan & Kelly		

