



Studio Arabesque

✦ Move ✦ Create ✦ Connect

Term 1 starts Monday February 2, 2026

	New Beginners/ Foundation	Beyond Beginners/ Intermediate	Intermediate/ Advanced	Open Level	Specialty Workshops
Monday	11am BELLY DANCE With Jenny	7.30pm GENTLE YOGA With Regan *on zoom only	6pm BELLY DANCE Chicky (Veil) With Regan	10am DANCE WORKOUT With Jenny	
Tuesday		6.15pm BOLLYWOOD Ungliyon Pe With Rebecca *Studio & Zoom	7.30pm BOLLYWOOD Sahiba With Rebecca *Studio & Zoom	2.30pm MINDFUL MOVEMENT With Regan	
Wednesday		6.15pm *NEW* Dance Enrichment With Regan Unlock Your Body With Dance	7.30pm FUSION STYLE With Regan	6.15pm *NEW* Dance Enrichment With Regan Unlock Your Body With Dance	6.15pm *NEW* Dance Enrichment With Regan Unlock Your Body With Dance
Thursday	6.15 pm BELLY DANCE Foundations Al Shaki With Jenny	10am GENTLE YOGA With Jenny 11.30am BELLY DANCE I Dance For You With Jenny	7.30pm FCBD Style With Regan	6.15 pm BELLY DANCE Foundations Al Shaki With Jenny	
Friday			6pm BOLLYWOOD Sahiba With Rebecca		Use the QR CODE to head straight to our Website
Saturday		11.15am BELLYDANCE I Dance For You With Regan & Kelly	10am BELLYDANCE Chicky (Veil) With Regan & Kelly		

