



# STUDIO ARABESQUE

Term 2 starts Monday April 29, 2024

|                  | <b>New Beginners/<br/>Foundation</b>  | <b>Beyond<br/>Beginners/<br/>Intermediate</b>  | <b>Intermediate/<br/>Advanced</b>                                  | <b>Open Level</b>  | <b>Specialty<br/>Workshops</b>                        |
|------------------|---|--|--|--|---|
| <b>Monday</b>    | 11am<br>BELLY DANCE<br>With Jenny   | 7.30pm<br>GENTLE YOGA<br>With Regan<br>*on zoom only                                     | 6pm<br>BELLY DANCE<br>Modern Egyptian<br>Style<br>With Regan       | 10am<br>DANCE WORKOUT<br>with Jenny                                    |   |
| <b>Tuesday</b>   |   | 6.15pm<br>BOLLYWOOD<br>Dhoom Taana<br>With Rebecca<br>*Studio & Zoom                     | 7.30pm<br>BOLLYWOOD<br>Mashallah<br>With Rebecca<br>*Studio & Zoom | *alternating times<br>check with Regan<br>MINDFUL<br>MOVEMENT          |   |
| <b>Wednesday</b> |   | 6.15pm<br>L, 2,3 ITS<br>With Regan   | 7.30pm<br>FUSION STYLE<br>With Regan                               | 10am<br>DANCE WORKOUT<br>with Jenny                                    |   |
| <b>Thursday</b>  | 6.15 pm<br>BELLY DANCE<br>Foundations<br>@ College Park-<br>With Jenny<br><br>7pm<br>BELLY DANCE<br>@ Brighton High<br>With Bridgette | 10am<br>GENTLE YOGA<br>With Regan<br><br>11.30am<br>BELLY DANCE<br>Shakira<br>With Regan | 7.30pm<br>FCBD Style<br>With Regan                                 | 6.15 pm<br>BELLY DANCE<br>Foundations<br>@ College Park-<br>With Jenny |   |
| <b>Friday</b>    |   |  | 6.15pm<br>BOLLYWOOD<br>Mashallah<br>With Rebecca                   |  | Use the QR CODE<br>to head straight to<br>our Website |
| <b>Saturday</b>  |   | 11.15am<br>BELLYDANCE<br>Shakira<br>With Regan & Kelly                                   | 10am<br>BELLYDANCE<br>Modern Egyptian<br>With Regan & Kelly        |  |   |

