



STUDIO ARABESQUE

Term 1 starts Monday February 5, 2024

| | New Beginners/ Foundation | Beyond Beginners/ Intermediate | Intermediate/ Advanced | Open Level | Specialty Workshops |
|------------------|---|---|--|---|--------------------------------|
| Monday | 11am BELLY DANCE With Jenny | 7.30pm GENTLE YOGA With Regan *on zoom only | 6pm BELLY DANCE Fan Veils With Regan | 10am DANCE WORKOUT with Jenny | |
| Tuesday | | 6.15pm BOLLYWOOD Mohabbat With Rebecca *Studio & Zoom | 7.30pm BOLLYWOOD Kajra Re pt 2 With Rebecca *Studio & Zoom | *alternating times check with Regan MINDFUL MOVEMENT | |
| Wednesday | 6pm BELLY DANCE With Regan | 8.30pm L, 2,3 ITS With Regan | 7.15pm FUSION STYLE With Regan | 10am DANCE WORKOUT with Jenny | |
| Thursday | 7pm BELLY DANCE @ Brighton High With Bridgette | 10am GENTLE YOGA With Regan 11.30am BELLY DANCE Baladi With Regan | 7.30pm FCBD Style With Regan | 6.15pm POT LUCK DANCE With Jenny | |
| Friday | | | 6.15pm BOLLYWOOD Kajra Re pt 2 With Rebecca | | |
| Saturday | | 11.15am BELLYDANCE Baladi With Regan & Kelly | 10am BELLYDANCE Fan Veils With Regan & Kelly | | |