

Belly Dance Arabesque

Term 3 starts Monday July 24, 2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginners & Foundation	<p>*NEW* 10 am (45 min) DANCE WORKOUT Fun dance fitness aimed at over 50's With Jenny</p> <p><u>6.15 pm</u> Beginner Belly Dance @ College Park With Regan</p>	<p><u>Alternating PM</u> <u>times for Term 3,</u> <u>please check with</u> <u>Regan</u> Mindful Movement With Regan All Levels</p>	<p>*NEW* 10 am DANCE WORKOUT Fun dance fitness aimed at over 50's With Jenny (45 min class)</p>	<p><u>10 am & 6.15 pm</u> Yoga All levels With Regan <u>6.15 pm All Levels</u> Pot Luck Variety With Jenny <u>*NEW 7 pm*</u> Beginner Belly Dance Class Brighton High School With Bridgette</p>		<p><u>10 am</u> Beginner Belly Dance With Jenny</p>
Beyond Beginner & Intermediate	<p><u>7.30 pm</u> Yoga With Regan All levels *studio and zoom</p>	<p><u>6.15 pm</u> Beyond Beginner Bollywood Chaka Chak with Rebecca *studio and zoom</p> <p><u>6.15 pm</u> Int/Advanced Belly Dance Skirt Dance With Regan</p>	<p><u>6.15 pm</u> L 2,3 ITS Contemporary Fusion Improv With Regan</p>	<p><u>11.30 am</u> Intermediate Belly Dance Shabi With Regan</p> <p><u>7.30 pm</u> ATS FCBD Style Beyond Beginner & Intermediate With Regan</p>		<p><u>11.15 am</u> Intermediate Belly Dance Shabi With Regan & Kelly</p>
Intermediate & Advanced		<p><u>7.30 pm</u> Intermediate Bollywood Mubarakaan With Rebecca *studio and zoom</p>	<p><u>7.30 pm</u> Intermediate Fusion Belly Dance Makeba With Regan</p>		<p><u>6.15 pm</u> Intermediate Bollywood Mubarakaan With Rebecca</p>	<p><u>10 am</u> Int/Advanced Belly Dance Skirt Dance With Regan & Kelly</p>