

Kaeshi Chai



KAESHI CHAI is a NYC-based performer, theatrical director, teacher trainer, and award winning designer. She co-founded the professional dance company and school, *Bellyqueen*, and *PURE (Public Urban Ritual Experiment)*, a global community focused on healing and social change through dance and music. Kaeshi has extensive training in contemporary dance, physical theatre and Silk Road dances spanning the Middle East to China. She has taught or performed in 47 states and 38 countries.

She is an alumni member of the *Bellydance Superstars*, *Jillina's Bellydance Evolution* and *Kenji William's Bella Gaia* and curates the *Djam NYC* event for dancers and musicians to create and play together.

Current projects include *Ocean Stories*, a performance integrating art and science to create more environmental awareness, and *Creative Labs* in which participants conceptualize, choreograph and mount full-length theatrical dance shows in 3-4 days. From 2009-2016 she directed, co-choreographed, and toured the theatrical dance show *Journey Along the Silk Road* throughout the US, Canada, Taiwan, Japan, Thailand, Australia and Italy.

www.kaeshi.com www.pureglobe.org www.bellyqueen.com

Dancers from all schools
are welcome.

The material presented in these workshops is invaluable for anyone interested in expanding their dance repertoire, enhancing their skills, creativity and wanting to have some fun!

Workshops are appropriate for students from Beyond Beginners to Advanced, for all styles.

For further details please contact
Regan at Belly Dance Arabesque
on Ph 8363 5499 M 0408 885 371 or email
regan@bellydancearabesque.com.au

Workshops will be held at the
Belly Dance Arabesque Studio
23 Payneham Road
College Park SA 5069
Phone 08 8363 5499

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Proudly Presents

Kaeshi Chai

Of USA



Adelaide Workshops
November 4,5,6 2022

Workshop Schedule

Friday Nov 4 — 6 pm to 9 pm

Rehearsal Saturday 12 pm to 2 pm

Spooky Stories!

3 hours of creation for dancers of all styles

Create and play with your fellow dancers to build a “Spooky Stories” themed dance (or dances) to perform at the show on Saturday night. This will be an incredible opportunity to work with Kaeshi and learn new and fun methods to create dance pieces quickly as a collective. Students must also be able to commit to the rehearsal on Saturday as well as perform at the show.

Saturday Nov 5 — 10 am to 11.30 am

Innovative Veil

1.5 hours

Learn how you can use a veil for more than just floating and framing. You will learn some of Kaeshi’s favorite flourishes, throws, holds, binds, snaps, wraps and combinations. By the end of this workshop your veil will become a tool for transformation. (Please bring a 3 yard veil.)

Sunday Workshops

Sunday Nov 6 — 10 am to 11.30 am

Contemporary Belly Dance

1.5 hours

Contemporary and bellydance both embrace movements that trace spirals, figure 8s, circles, contractions and releases. Learn how these two worlds enhance and compliment each other with traveling floor patterns and dynamic stationary combinations that will enable you to fill up a stage.

Sunday Nov 6 - 12 noon to 1.30 pm

Flamenco Fusion

1.5 hours - For dancers of all styles

Learn Kaeshi’s beautiful flamenco fusion style with step-by-step break down in technique and combos culminating in an enthralling choreography to Beat-box Guitar’s beautiful song [The End Again](#). (Bring a full skirt.)

Bookings - please tick your selection

.....Friday/Sat Spooky Stories Creation Lab
5 hours total incl Fri (3) and Sat (2)
\$150

.....Saturday 5th Innovative Veil
1.5 hrs \$60

.....Sunday Nov 6 Contemporary Belly Dance
1.5 hours \$60

.....Sunday Nov 6 Flamenco Fusion
1.5 hrs \$60

.....Total Package workshops
ALL the workshops \$300

Name.....

Address.....

.....Postcode.....

Email.....

Phone.....

*Direct Bank Deposit—Belly Dance Arabesque
Bank SA BSB 105-022 Account number 063293940
If paying via bank payment please email your name,
phone number and workshop information to
regan@bellydancearabesque.com.au

Paypal regan@bellydancearabesque.com.au

Workshop Fees are Non-Refundable

*whilst every care is taken to ensure students’ safety, workshop participants acknowledge that their participation is at their own risk.