

Belly Dance *Arābēsquē* On Line Classes - Term 2 starts Mon April 27, 2020

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginners & Foundation	<u>6.15 pm</u> Beginner Belly Dance With Regan	<u>10 am</u> Mindful Movement With Regan All Levels	<u>6.15 pm</u> Level 1 Unmata ITS (A contemporary fusion style of dance) With Regan	<u>10 am</u> Yoga With Regan All levels <u>6.15 pm</u> Yoga All levels		
Beyond Beginner & Intermediate	<u>7.30</u> Yoga With Regan All levels	<u>6.15 pm</u> Beyond Beginner Bollywood London Thumakda With Rebecca	<u>7.30 pm</u> Intermediate Fusion Belly Dance Seven Nation Army With Regan	<u>11.30 am</u> Intermediate Belly Dance Tamr Henna With Regan <u>7.30</u> ATS FCBD Style Beyond Beginner & Intermediate With Regan		<u>11.15</u> Intermediate Belly Dance Saidi (no cane) With Regan
Intermediate & Advanced	<u>8.30 pm</u> Level 1 & 2 Unmata ITS With Regan	<u>7.30 pm</u> Intermediate Bollywood Cham Cham With Rebecca				<u>10 am</u> Advanced Belly Dance Baed Annak cont Plus new Drum Solo With Regan