

Belly Dance *Arābesque* Term 4 commences Monday October 14, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginners Foundation	6.15pm Belly Dance Harami Saidi <u>Upstairs- Regan</u> BLACKWOOD 6.30pm Belly Dance Harami Saidi Harriet	10am Mindful Movement Class 6.15pm Bollywood Silsila Ye Chaahat Ka <u>Upstairs - Rebecca</u>		*10am & 6.15pm Yoga <u>Upstairs- Regan</u> 7.30pm American Tribal Style Belly Dance Downstairs - Jenny		10am Belly Dance Harami Saidi <u>Downstairs—Jenny</u> 11.15am Drumming Classes *see flyer for dates
Beyond Beginners	6.15pm Belly Dance Harami Saidi <u>Upstairs- Regan</u> 7.30pm Yoga Beginners welcome <u>Upstairs - Regan</u> 8.30pm UNMATA ITS Level 2 <u>Upstairs—Regan</u>	10am Mindful Movement Class 6.15pm Bollywood Silsila Ye Chaahat Ka <u>Upstairs - Rebecca</u>	6.15pm Tribal Fusion Sing Sing Sing Flapper Fusion <u>Upstairs - Liyana</u>	11.30am Belly Dance Fifi <u>Upstairs - Regan</u> 6.15pm Belly Dance Fifi <u>Downstairs - Jenny</u> 7.30pm American Tribal Belly Dance Downstairs - Jenny		10am Belly Dance Harami Saidi <u>Downstairs—Jenny</u> 11.15am Drumming Classes *see flyer for dates
Intermediate	7.30pm Yoga Upstairs - Regan	10am Mindful Movement Class 6.15pm Belly Dance Classical - Baed Annak <u>Downstairs—Shamira</u> 7.30pm Bollywood Break Up Song <u>Upstairs—Rebecca</u> 7.30pm Belly Dance Beladi Pop <u>Downstairs— Shamira</u>	6.15pm Tribal Fusion Sing Sing Sing Flapper Fusion <u>Upstairs - Liyana</u> 7.30pm Tribal Fusion Disco Vamps Upstairs - Regan	11.30am Belly Dance Fifi <u>Upstairs - Regan</u> 6.15pm Belly Dance Fifi <u>Downstairs - Jenny</u> 7.30pm American Tribal Style Belly Dance Upstairs - Regan	6.15pm Bollywood Break Up Song Upstairs—Rebecca	10am Belly Dance Classical - Baed Annak <u>Upstairs - Shamira</u> 11.15am Belly Dance Beladi Pop <u>Upstairs - Shamira</u>
Advanced		6.15pm Belly Dance Classical - Baed Annak <u>Downstairs - Shamira</u> 8.30pm Bollywood Advanced Technique	7.30pm Tribal Fusion Disco Vamps Upstairs - Regan			10am Belly Dance Classical - Baed Annak <u>Upstairs - Shamira</u>