

# Belly Dance *Arābesque* Term 2 commences Monday April 29, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Beginners Foundation</b>	6.15pm <b>Belly Dance</b> Bel Hadawa <u>Upstairs- Regan</u>  7.30pm <b>Yoga</b> <u>Upstairs - Regan</u>	10am <b>Mindful Movement Class</b>  6.15pm <b>Bollywood</b> Kala Chashma <u>Upstairs - Rebecca</u>		*10am & 6.15pm <b>Yoga</b> <u>Upstairs- Regan</u>  7.30pm <b>American Tribal Style Belly Dance</b> Downstairs - Jenny		10am <b>Belly Dance</b> Bel Hadawa <u>Downstairs—Jenny</u>  11.15am <b>Drumming Classes</b> *see flyer for dates
<b>Beyond Beginners</b>	6.15pm <b>Belly Dance</b> <u>Upstairs- Regan</u>  7.30pm <b>Yoga</b> <u>Upstairs - Regan</u>  8.30pm <b>UNMATA ITS</b> Level 2 <u>Upstairs—Regan</u>	10am <b>Mindful Movement Class</b>  6.15pm <b>Bollywood</b> Kala Chashma <u>Upstairs - Rebecca</u>	6.15pm <b>Tribal Fusion</b> Black Sails Remix Sword <u>Upstairs - Liyana</u>	11.30am <b>Belly Dance</b> Rock this Party Cane <u>Upstairs - Regan</u> 6.15pm <b>Belly Dance</b> Rock this Party Cane <u>Downstairs - Jenny</u> 7.30pm <b>American Tribal Style Belly Dance</b> Downstairs - Jenny		10am <b>Belly Dance</b> Bel Hadawa <u>Downstairs—Jenny</u>  11.15am <b>Drumming Classes</b> *see flyer for dates
<b>Intermediate</b>	7.30pm <b>Yoga</b> <u>Upstairs - Regan</u>	10am <b>Mindful Movement Class</b>  6.15pm <b>Belly Dance</b> Al Andalus <u>Downstairs—Shamira</u> 7.30pm <b>Bollywood</b> Chhan Ke Mohalla <u>Upstairs—Rebecca</u> 7.30pm <b>Shaabi</b> Boshret Kheir <u>Downstairs— Shamira</u>	6.15pm <b>Tribal Fusion</b> Black Sails Remix Sword <u>Upstairs - Liyana</u> 7.30pm <b>Drilled to Pieces Technique &amp; Combo's</b> Upstairs - Regan	11.30am <b>Belly Dance</b> Rock this Party Cane <u>Upstairs - Regan</u> 6.15pm <b>Belly Dance</b> Rock this Party Cane <u>Downstairs - Jenny</u> 7.30pm <b>American Tribal Style Belly Dance</b> Upstairs - Regan	6.15pm <b>Bollywood</b> Chhan Ke Mohalla <u>Upstairs—Rebecca</u>	10am <b>Belly Dance</b> Al Andalus <u>Upstairs - Shamira</u>  11.15am <b>Shaabi</b> Boshret Kheir <u>Upstairs - Shamira</u>
<b>Advanced</b>		6.15pm <b>Belly Dance</b> Al Andalus <u>Downstairs - Shamira</u>  8.30pm <b>Bollywood</b> Advanced Technique	7.30pm <b>Drilled to Pieces Technique &amp; Combo's</b> Upstairs - Regan			10am <b>Belly Dance</b> Al Andalus <u>Upstairs - Shamira</u>