

Belly Dance *Arābesque* Term 3 commences Monday 23 July 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginners Foundation	<p>6.15pm Belly Dance Hadir Ya Zahr <u>Upstairs- Regan</u></p> <p>7.30pm Yoga <u>Upstairs - Regan</u></p>	<p>10am Move it or Lose it Movement Class</p> <p>6.15pm Bollywood Sadi Gali <u>Upstairs - Rebecca</u></p>	<p>8.30pm UNMATA ITS Level 1 Continued Upstairs - Regan</p>	<p>*10am & 6.15pm Yoga <u>Upstairs– Regan</u></p> <p>7.30pm American Tribal Style Belly Dance Downstairs - Jenny</p>		<p>10am Belly Dance Hadir Ya Zahr <u>Downstairs—Jenny</u></p> <p>11.15am Drumming Classes *see flyer for dates</p>
Beyond Beginners	<p>6.15pm Belly Dance Hadir Ya Zahr <u>Upstairs- Regan</u></p> <p>7.30pm Yoga <u>Upstairs - Regan</u></p> <p>8.30pm UNMATA ITS Level 2 Upstairs—Regan</p>	<p>10am Move it or Lose it Movement Class</p> <p>6.15pm Bollywood Sadi Gali <u>Upstairs - Rebecca</u></p>	<p>6.15pm Tribal Fusion Runaway Beats Antique <u>Upstairs - Liyana</u></p>	<p>11.30am Belly Dance Shou Hajjamaal Veil <u>Upstairs - Regan</u></p> <p>6.15pm Belly Dance Shou Hajjamaal Veil <u>Downstairs - Jenny</u></p> <p>7.30pm American Tribal Style Belly Dance Downstairs - Jenny</p>		<p>10am Belly Dance Hadir Ya Zahr <u>Downstairs—Jenny</u></p> <p>11.15am Drumming Classes *see flyer for dates</p>
Intermediate	<p>7.30pm Yoga Upstairs - Regan</p>	<p>10am Move it or Lose it Movement Class</p> <p>6.15pm Belly Dance Karaat El Finjan Part 2 <u>Downstairs—Shamira</u></p> <p>7.30pm Bollywood Fifi <u>Upstairs—Rebecca</u></p> <p>7.30pm Belly Dance Karaat El Finjan Part 1 <u>Downstairs— Shamira</u></p>	<p>6.15pm Tribal Fusion Runaway Beats Antique <u>Upstairs - Liyana</u></p>	<p>11.30am Belly Dance Shou Hajjamaal Veil <u>Upstairs - Regan</u></p> <p>6.15pm Belly Dance Shou Hajjamaal Veil <u>Downstairs - Jenny</u></p> <p>7.30pm American Tribal Style Belly Dance Upstairs - Regan</p>	<p>6.15pm Bollywood Fifi Upstairs—Rebecca</p>	<p>10am Belly Dance Karaat El Finjan Part 2 <u>Upstairs - Shamira</u></p> <p>11.15am Belly Dance Karaat El Finjan Part 1 <u>Upstairs - Shamira</u></p>
Advanced		<p>6.15pm Belly Dance Karaat El Finjan Part 2 <u>Downstairs - Shamira</u></p> <p>8.30pm Bollywood Advanced Technique</p>	<p>7.30pm Tribal/Hip Hop Fusion Nevermind Upstairs - Regan</p>			<p>10am Belly Dance Karaat El Finjan Part 2 <u>Upstairs - Shamira</u></p> <p>11.15am Drumming Classes *see flyer for dates</p>