

# Paola Blanton



Paola was born into a folkloric family in the Balkans and was initiated quite early into the rhythms, steps and stories of her cultural heritage. Her family migrated to the US in the 70's where she experienced her native culture through Chicago's rich Eastern European tapestry also allowing her to experience many other rhythms such as rock & roll, rap and reggae.

In Middle Eastern Dance Paola found an opulent field of modes and textures to express herself artistically complimenting her Balkan heritage. She is a spinner of stories in dance, gathered from her Eastern Mediterranean cauldron of Raqs Sharqi, Ghawazee, Folkloric Regional Dances, Turkish Romany and Balkan, all riding the wave of vibrant World Music.

Paola discovered the work of Isadora Duncan which opened up a whole new level of understanding, dancing and teaching and she is inspired by Duncan's vision of the dance as a conversation between body, soul and Universe. Paola is also inspired by the work of Gabrielle Roth (5 Rhythms).

From her melting pot Paola brings Balkan, Oriental, Duncan and Five Rhythms channeling the forces which move our Universe, a place where the transformative qualities of world dance are constantly evolving, mingling and creating new inspirations.

Dancers from all schools  
are welcome.

The material presented in this  
workshop is invaluable for anyone  
interested in expanding their dance  
repertoire, enhancing their skills,  
creativity and wanting to  
have some fun!

Workshops are appropriate for  
students from Beyond Beginners to  
Advanced, for all styles.

For further details please contact  
Regan at Belly Dance Arabesque  
on Ph 8363 5499 M 0408 885 371 or email  
[regan@bellydancearabesque.com.au](mailto:regan@bellydancearabesque.com.au)

Workshops will be held at the  
Belly Dance Arabesque Studio  
23 Payneham Road  
College Park SA 5069  
Phone 08 8363 5499

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Proudly Presents

# Paola Blanton

Of the USA



Adelaide Workshops  
June 30 & July 1, 2018

## Saturday Workshops

Saturday June 30  
11.30 am to 1.30 pm

Cleopatra in New York  
2 hours

A lyrical, theatrical approach to veil. Mysterious, exotic veil work to a slithery and elegant Goddess like song. We will use varied levels and angles to create beautiful sculptural effects for solos and groups.

Saturday June 30  
2.30 pm to 4.30 pm

La Boheme  
2 hours

An array of original combinations for duos and trios influenced by Turkish, Balkan, Flamenco and Duncan dance. Features entrances and exits, circle patterns, lines, concentric circles, skirt work and many more creative ideas for soloists and ensembles alike. Add some creative flair to your toolbox!

## Sunday Workshops

Sunday July 1  
11am to 1pm

Turbo Gypsy  
2 hours

An electric Balkan fusion group dance with hot foot and hip patterns to an unforgettable pumped Balkan/Gypsy/Ska song. A world favourite due to its saucy attitude, modern styling and inclusion of a theatrical interlude right in the middle!

Sunday July 1  
2pm to 5pm

The Wild Woman  
and the Warrior  
3 hours

Within every woman moves primal forces represented by the Goddess in Her many aspects. Wild Artemis is the Intuitive and Instinctual power of the Feminine Divine, earthy and indomitable. Athena is the principle of wisdom, work and mastery; a Companion of Heroes and Warrior of Truth. How do they stand? How do they move? What are their archetypal gestures? How do they affect the world around them and each other? Art images, reading of myths and moving through their mysteries with Isadora Duncan's dance language enable our embodiment of the archetypes.

## Bookings

**Saturday June 30, 11.30am to 1.30 pm**

Cleopatra, 2 hrs - \$75

**Saturday June 30, 2.30 pm to 4.30 pm**

La Boheme, 2 hrs - \$75

**Sunday July 1, 11 am to 1 pm**

Turbo Gypsy, 2hrs - \$75

**Sunday July 1, 2 pm to 5 pm**

The Wild Woman and the Warrior, 3hrs \$120

### **Total Workshop Package**

Book all 4 for \$320 and save \$15.

(all prices include GST)

Name.....

Address.....

.....Postcode.....

Email.....

Phone.....

\*Send cheque or money order and enrolment form to  
Belly Dance Arabesque,  
PO Box 542, Walkerville SA 5081

\*Direct Bank Deposit—Belly Dance Arabesque  
Bank SA BSB 105-022 Account number 063293940  
If paying via bank payment please email your name,  
phone number and workshop information to  
regan@bellydancearabesque.com.au

\*Please email Regan for Paypal information

### **Workshop Fees are Non-Refundable**

\*whilst every care is taken to ensure students' safety, workshop participants acknowledge that their participation is at their own risk.